



SHELBY DENTAL CARE CENTER



A WELCOME *from us*

At Shelby Dental Care Center, our goal is to provide you with exceptional dental care by combining the most advanced technology with the craftsmanship of dental artistry. Our greatest joy is seeing a big, beautiful smile on your face and hearing your laughter ringing in our hallways. The way we see it, a great smile reflects your self-confidence, health and happiness, while laughter is simply the fullest expression of a smile.

From the moment you arrive, you know you are our highest priority. We take the time to welcome you with a warm greeting, make sure you are comfortable and relaxed during your time with us, and laughing on your way out the door. After all, you are not just a patient to us, but a member of our family.

Our entire team of dental artists is dedicated to keeping you laughing and that starts with a healthy smile. Knowing the details of your care so that you can make an informed decision is important to us. Our dentists will discuss your treatment options with you, and together, a plan will be developed. We're proud to be your partner for a lifetime of beautiful smiles and great laughter.

our family looks forward to taking care *of yours.*



OUR *capabilities*

Full-Service Dentistry

- ClearCorrect
- Crowns & Bridges
- Dentures & Partials
- Metal Free Choices
- Mini Implants
- Non-Surgical Gum Care
- Oral Surgery
- Preventative Hygiene
- Restorative Dentistry
- Root Canal Therapy
- Sports Dentistry
- Sleep Apnea
- TMJ Therapy

Is it even possible to look forward to visiting your dentist? Yes, of course it is! At Shelby Dental Care Center, you're not just a patient – you're family. From the moment you arrive to your final exit out our door, we want to see you relaxed, happy and laughing. Your comfort is important to us, so we've carefully curated our treatment areas to be as relaxing as possible, with soothing background music and an environment designed to put you at ease.

Cosmetic Dentistry

- Bonding
- Computer Imaging & Smile Design
- Full Mouth Reconstruction and Rehabilitation
- In-Office and At-Home Whitening
- Onsite Ceramist
- Tooth Colored Restoration
- Veneers

We specialize in giving you the smile you've always been looking for and the full laugh you never knew was possible. We blend our scientific knowledge and artistic ability to practice dentistry from an aesthetic point of view. The result? An impeccable smile, a natural appearance and every reason to laugh out loud.

Technology

- Computer Case Presentation
- Intraoral Cameras
- Low-Dosage Computerized X-Rays including Extraoral Only Options
- Non-surgical Gum Care
- Progressive Instrument Sterilization
- TMJ Therapy

At Shelby Dental Care Center, we strive to provide the best dental care. This includes investing in the latest technologies so that we can offer our patient family a wide range of intricate treatments. Dental technology is ever-changing and always evolving, and we're happy to say we stay at the forefront of every exciting development. All because we believe that exceptional dental care leads to exceptional smiles that lead to exceptional laughter.



OUR *doctors*



Brenton L. Young, DDS/Owner
The Science and Arts of Smiles

With an easy smile, warm personality, and a commitment to excellence, Dr. Young soothes and comforts even his most anxious patients. His superior training and experience make him a master of the science and art of smiles.

Dr. Young holds an honors degree in biology from Belmont Abbey College and graduated from UNC-Chapel Hill School of Dentistry. He has earned prestigious awards, including "Outstanding Achievement in Oral Diagnosis."

Dr. Young is a former clinical instructor at the UNC School of Dentistry. He even wrote the book on dentistry—in a manner of speaking—as he co-authored a book to aid dental students during their clinical rotations.

Outside the office, Dr. Young enjoys spending time with his wife, Vanne, and two sons, Josh and Reid. He is involved with local organizations, such as the United Way and Meals on Wheels. He enjoys cooking, yoga, hiking and other outdoor recreation, and travel.

The next time you're in the chair, ask him about how he's a Level 6 senior contributor for TripAdvisor. He has travelled over 112,000 (121 cities) total miles and his reviews have been read by more than 150,000 people! Not that he's counting, of course.



Pauline E. Cahill, DDS/Owner
Cosmetic Excellence

Focused on creating beauty and the needs of anxious adults, Dr. Cahill practices patient-friendly dentistry thanks to her blend of poise, polish, kindness, and quality. She combines exceptional training with the advanced technologies at Shelby Dental Care Center.

Dr. Cahill earned her degree from Dalhousie University School of Dentistry in Canada. She then served seven years with the Canadian Department of National Defense, practicing general dentistry with an emphasis on complete oral rehabilitation.

Dr. Cahill is a member of the Isothermal Dental Society, North Carolina Dental Society, American Dental Association, and Pinnacle Classical Academy School Board. She completed advanced courses in dental prosthodontics, oral surgery, and orthodontics. Dr. Cahill continues to participate in technology-oriented continuing education classes.

She and her husband, Dr. Calvin Caunt of Atrium Health, have one son, Benjamin Dash. She enjoys the company of her cats, gardening, travel, and super-vising Benjamin's Robotics Club. Other special interests include public education, historic restoration, Shelby City Park, and "Keep Shelby Beautiful." Also, be sure to ask her about her impressive sandcastle skills!



Jessica H. Lackey, DDS/Associate
Quality With A Gentle Touch

A favorite among patients thanks to her kind manner, easy laugh, and gentle touch, Dr. Lackey has a true knack for working with families and children. She looks at each tooth as a small work of art and gives every procedure—no matter how big or small—her complete time and attention.

A graduate of UNC-Chapel Hill School of Dentistry, Dr. Lackey earned her undergraduate honors degrees at NC State. She is also a member of the North Carolina Dental Society and the American Dental Association. Dr. Lackey's chosen area of concentration is the prevention of dental disease in families and children.

Dr. Lackey enjoys spending time with her husband, Matthew, twin daughters, Oliva and Eliza, and the family's two Yorkshire Terriers (just ask her about Deputy and Sheriff). She spends her free time sewing, hiking and spending time with her family.



Benjamin G. Caple, DDS/Associate
Working Together Toward A Healthy Smile

Striving for excellence and superior care, Dr. Caple combines his leadership and dentistry skills to help patients realize their best smiles.

Dr. Caple graduated from UNC-Chapel Hill School of Dentistry. He received his undergraduate degree in management from the United States Military Academy at West Point, and is a member of the North Carolina Dental Society and the American Dental Association. Before studying dentistry, Dr. Caple spent six years as an Army officer. He was deployed to Iraq as a platoon leader in support of Operation Iraqi Freedom in 2009.

Outside the office, Dr. Caple enjoys powerlifting, watching football, and fishing, along with spending time with his two children, Atlas and Ellie. He's an avid reader, so be sure to ask him about his favorite reads the next time you're in the chair.

LAUREL LEAF *story*

In ancient Greece, the native laurel tree (*laurus nobilis*) which the Greeks call *Daphne*, was used to clean the teeth. The fragrant, essential oils of the branch of the tree had antiseptic and other therapeutic properties for the teeth and gums. When chewed, the end would then come to resemble a brush of sorts whose loose, frayed fibers would be brushed over the teeth to clean them. The antiseptic properties of the oils also helped to stimulate blood circulation to the gums, promoting their health and regeneration. After chewing on the branch, or the leaves, the mouth is cleaned and left with a fresh, clean scent.



OUR *staff*

At Shelby Dental Care Center, our goal is to provide exceptional dental care to our patient family. As a team of well-trained professionals, we strive for excellence in clinical care, patient services, and, of course, laughter.

It's our professional responsibility to be students of dentistry. Our dentists and staff regularly take continuing education courses so that we can provide the latest and most innovative treatments our patient family has come to expect.

We welcome you to Shelby Dental Care Center and look forward to giving you the smile you've always wanted.

And, don't forget, the fullest expression of a *smile is laughter.*

“ A smile is a curve that sets everything straight. ”

Phyllis Diller

OUR *office*

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